ORRRC Trustee Meeting

September 14, 2023

Meeting Location: Indian Riffle Park – Shelter # 1

Attendees:

- Robert Faux Vice President & RD
- Eddie Weaver Treasurer, RD & Timing Team
- Jim Bulach Secretary & RD
- Jen Yoak Trustee, RD & Timing Lead
- Jennifer Summers Trustee, RD & Timing Team
- Karen Gildow Trustee & RD
- Nick Alexander Trustee & RD
- Kevin Johnston Trustee & RD
- Ruth Kohstall Trustee & RD
- Cari Masek Trustee
- Andrea Van Sickle Trustee
- Rebekah Taylor Race Director

Agenda / Meeting Minutes

- Meeting called to order by Robert at 7:01 PM.
- Approval of August's Meeting Minutes.
 - Since Jim was out of town on vacation during the August meeting, Andrea had volunteered to take the minutes.
 - There was some discussion to clarify Kevin's "around the room" statement to ensure the minutes are correct.
 - o Ruth motions to approve the minutes; Jen seconds; Motion passes. (Jim abstained).
- Financials. (Eddie)
 - Accounts: Checking \$19,081.59; Ancillary \$507.22; Savings \$178,938.94.

Total all accounts: \$198,527.75. (Est. Yearly ops costs: \$365,648)

- Notes:
 - G's Cue BBQ / Picnic: the check was sent with an explanatory letter to G's Cue BBQ concerning their performance with the picnic food. They have cashed the check which indicated that this was the final payment for the picnic food.



- Karen motions to approve the financials; Ruth seconds; Motion passes (with Eddie abstaining).
- Funding Considerations
 - Ghost 'n Goblin shirts (Jen/Peter on behalf of Phil Noble)
 - For the past 9 years, Phil has had the youth at Greene County Juvenile Detention Center(GCJDC) & Miami Valley Juvenile Rehabilitation Center(MVJRC) attempt to run/walk a 5k during their 60 minute Phys Ed class. Some youth run all of it, some run & walk all of it, and some walk all of it. There are a few that walk as much as they can, but do not complete the entire 5k within that 60 minutes. Staff & other teachers walk & run along with the youth, talking and encouraging them to do their best.
 - Most(99%) have never attempted a 5k, or for that matter never run before. We have 8-10 weeks that the youth gradually build up their endurance through a variety of cardio & muscular workouts in Phys Ed. For attempting to complete the 5k, he has had a variety of donated shirts for the kids. Xenia schools donated Healthy Halloween 5k shirts for a few years, various old stock from the ORRRC shed have been passed out, and last year the youth received current GNG 5k shirts. They LOVE the shirts and wearing "out of uniform" clothing (it is the only non-uniform shirt they are allowed to wear).
 - Phil is asking that the ORRRC donate 35 shirts for this year's 5k. This would give the youth something for participating in a 5k. They can wear the shirts telling their family & friends how much they dislike running or how hard or easy it was to complete. The 5k will take place on 10/25/23, the day after GNG. They will receive their shirt after they complete/attempt the 5k. Like last year, Phil can pick them up at registration/packet pick up when he and his family volunteer again at the GNG on 10/24/23.
 - Requested sizes are as follows:
 - Small—9
 - Medium—12
 - Large—11
 - XL--3
 - Eddie makes a motion that we fund the cost of purchasing 35 shirts. Andrea seconds. Motion passes. (with Jen abstaining)

- October Solemates and Girls on the Run (Lindsey Landthorn)
 - Keeping this in the minutes as a placeholder for the October meeting.
- Pre-Race Reports (Robert):
 - Stillwater 7 Miler (Jim)
 - I'm in the process of completing the crafting of awards.
 - I've verified with Miami County Parks that we are good to go.
 - I still need volunteers and will be doing some Facebook posts to solicit help.
 - The Miami County Part District has once again graciously waived the \$100 fee that they typically charge for special events.
 - o OX 12 Hour
 - No report submitted.
 - Andrea did get some feedback from the event coordinator. She was requested to pass the feedback to the board and RD.
 - It is a zero-waste event, which even includes the food trucks, to replace all plastics with recyclables or be compostable.
 - Apparently, we have not complied in the past when it came to recycling and adhering to the event's rules, which has prompted much negative connotations with 5 Rivers Metropark.
 - Our race at the event needs to comply with these rules and regulations.
 - We need to make sure that the race director and any future race directors are aware of this requirement.
 - It is very important to pack out our garbage so that the park district does not have to sort anything left behind.
 - Jen will let Lawrence know about this when she contacts him this week to coordinate timing with him.
 - o Ghost 'n Goblin update (Jen / Peter)
 - New location in Centerville
 - People in the neighborhood may not be happy about the race being there. Jen and Peter will be doing an outreach in the area to help bring awareness of the event, along specific details as to the specific time periods that will most be affected.
 - It's the 38th year for the race and it's the RRCA State Championship 5K for 2023!
 - Currently we have over 600 registrants. Last year, at this time, we only had about 500.
 - Eddie explained runsignup and some of the growing pains of working with a new system.

- We will be doing dynamic bib assignment like the marathon did.
- Turkey Trot update (Margaret / Eddie)
 - The course will definitely be changed. Specific details won't be available until about mid-November.
 - Shirts have been revealed and they are very nice.
- Post-Race Reports (Robert):
 - Darby Creek Bison 10K (Jimmy Little)
 - I believe we had a record turnout of 97 participants this year.
 - No real issues with the race that I'm aware of.
 - Only had an issue with a couple of awards being presented / not presented correctly. One award was sent out by mail for one of the corrections.
 - Everyone I spoke with had positive comments.
 - Lou Cox 5K (Doug)
 - Not sure how many participants, but I did give away all 150 participation awards and could have used about 10 more. My past few years have hovered below 150, but I will plan for more next year.
 - Great volunteers. Very enthusiastic and helpful.
 - I did separate awards for the Wolverines, and will be handing that off to a coach volunteer to make sure the right kids get the awards since it got a little crazy at the finish with them coming through in tight groups. I raided the shed for leftover stuff and laser engraved what was salvageable since most things in there are dedicated for a certain race on a certain date (very wasteful).
 - The rain sucked, and occurred for about 15 minutes right around the start time of the race. Oh well, it happens. I did not see it in the forecast and did not bring a tent.
 - I'm happy to engrave/cut awards as long as the material is purchased for me, and I have assistance with design ideas. No charge for labor since it's my students doing the work. I spent \$35 on permit, \$50 on food, and \$200 on luggage tags/rocks glasses for participants/award winners.
 - Would like the website to be updated for age groups broken out into 10 year increments (starting <19, ending >70) with first overall in AGs to get prizes, along with top 3 OA finishers, and finisher souvenirs for all.
 - Sporadic rain, temps in mid 70s.
 - Water trailer had the generator die, but it was able to chill water on battery power until 7pm which was perfect.

- Germantown 50K (Rebekah / Patrick)
 - 76-registered, 13- DNS, 1- Deferral, 2 Race day registrations
 - 64 people actually ran the race, 53 finishers, 11 DNFs
 - Had 22 volunteers, which was just enough to cover the event.
 - The weather was great at a high of 77 degrees, but it was quite humid. Trail conditions were good and mowing and debris removal had been completed by Metroparks' staff.
 - Challenge 1 roadkill- for a race that is 98% trail we had some roadkill on a road section. It was gently removed.
 - Challenge 2- runner was stung by a bee and she was allergic. She did not have an EpiPen at the race nor did she own an EpiPen per her report. She DNF-ed; was driven back from the course to her vehicle by Patrick and checked out by a doctor/ race volunteer. Doc determined she was not experiencing anaphylactic shock and she returned home. She notified RD of her safe arrival home. Also, an incident report was filled out. Next year I will put a request to have all needed meds/ inhalers/EpiPens at the race in the pre-race instructions.
 - Challenge 3 The water at the Sunfish shelter was not available from the park, due to contamination. Water was transported in for the Sunfish aid station.
 - Challenge 4 The clock was fading throughout the race with it being very hard to read at the end of the race.
 - Otherwise, it was a great day and a great race.
 - Also, the race successfully finished within budget in the black!

Postrace addendum

 Eddie needs to have some advanced time to pay for upfront race costs, such as shirts, etc. Race directors cannot come to him at the last minute and expect an immediate payment.

Board Discussions / Votes:

- Air Force Marathon Expo (Robert)
 - Robert was joined by Kevin, Jennifer, Cari, and Steve Wirick to work the booth prior to coming to the board meeting. Karen will be working the expo tomorrow.
 - Robert stated that he has some money to give to Eddie, since he did get someone to sign-up for a membership at the booth.
 - Kevin said that it would have been nice to have info for the GnG there. He also stated that Jennifer had a wonderful idea to have banners for our major three races at the expos, since many people do not know that they are ORRRC events.

- Jennifer has been exploring on what the library can do to maybe have some additional resources that can help us out.
- Many of the people coming through were really looking at and very interested in the Turkey Trot and GnG shirts.
- Club bylaw changes update (Eddie)
 - We are about 70 percent done with the updates.
 - Goal is to have it done for next month, which could still be a challenge.
 - The awards have been integrated thanks to Ruth's work and help.

Newsletter

- Peter received multiple requests from members asking for a newsletter. Can we commit to starting one by 2024? It would be nice for the holiday party awards. He even has a member who volunteered to help!
- During board discussion, it was stated that we plan to use runsignup to distribute information and a newsletter. Our members are already in runsignup as a result of using the platform for processing club memberships.
- Rebekah and Ruth want to help Andrea with the newsletter. Robert will have them work together as the committee to get this started.
- We want to have the first newsletter out before the holiday party. It can be used to prompt members to vote for the various award recipients.
- o Membership counts:
 - 1231 total members 68 lifetime members = 1163
 - 825 households 43 lifetime households = 782

October meeting location options

(Peter is okay with whatever the board decides – default is to keep at Indian Riffle):

- o The following options were considered:
 - Keep at Indian Riffle Park Shelter #1 (weather-dependent).
 - Move the meeting time up to 6:30pm.
 - Move to Panera at the Greene.
 - Move to another location.
 - Meet virtually.
- After some discussion, the board members would like to have the meeting at the Dayton Metro Library - Wilmington-Stroop Branch.

- Around the Room: (items that require a discussion or vote should wait until next month's meeting, if possible)
 - Jennifer S
 - She would like to communicate with the race directors to ensure that they are good stewards of the shed. Things need to be put back properly and items with a shelf life should not be stored there.
 - Robert stated that if anyone sees this type of thing, he will get with the race director who returned the items.
 - Kevin stated that he would like to get mouse traps or poison for the shed. This prompted some discussion stating that mouse traps would be preferable over poison.
 - Jennifer would also like the club to have some type of system to create power in remote areas. Races like the Broken Toe could use power in the middle of the woods, especially when it's dark during setup and tear down. This is a topic that she would like to bring up as a board agenda item at a .future meeting.
 - Eddie He is disappointed with how Five Rivers MetroParks are conducting themselves. The way they have handled the communication concerning the recycling / compost requirements for the OX-12 hour event is improper and unprofessional. By not communicating directly with Lawrence, the race director, it is unfair to him, the club, and the board member who was put in the middle to pass on the communication.
 - Kevin
 - Passed out 3 items
 - An RRCA article on the downtrend of volunteering and how nonprofits can do more to bring volunteers back.
 - Info on the Dayton Distance Running Hall of Fame.
 - Info on the 45th Dayton River Corridor Classic Half Marathon and 5K.
 - He would also like to have Eddie find out if we are making any money on the ORRC items being sold at the Runners Plus store.
 - o Jim
 - Thanked Andrea for covering the minutes for him during the August board meeting.
 - Encouraged everyone to come out and run or volunteer at the Stillwater 7 Miler on September 23rd. Spread the word!
 - Jen At this year's GNG, all finishers will receive bobble heads. The top finishers will be awarded plaques and RP gift cards.
- Robert adjourned the board meeting at 8:10 PM.