## Stillwater 7 Default Division Age Group Results September 23, 2023

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## Female Open Winners

| Place           | Name<br>1 Nancy Costa                             | Overall<br>5              | Total Time<br>51:19.8                       | Pace<br>7:20/M                        |  |
|-----------------|---|---------------------------|---|---------------------------------------|--|
| Female Master   | Winners   |                           |   |                                       |  |
| Place           | Name<br>1 Sima Tavazoie                           | Overall<br>10             | Total Time<br>55:14.5                       | Pace<br>7:53/M                        |  |
| Female Grand    | Winners   |                           |   |                                       |  |
| Place           | Name<br>1 Jennifer Summers                        | Overall<br>47             | Total Time<br>1:18:46                       | Pace<br>11:15/M                       |  |
| Female Senior   | Winners   |                           |   |                                       |  |
| Place           | Name<br>1 Carol Wirick                            | Overall<br>62             | Total Time<br>1:45:00                       | Pace<br>15:00/M                       |  |
| Female 20 to 2  | Female 20 to 24                                   |                           |   |                                       |  |
|                 | Name 1 Madeline Spicer 2 Emalee Atha              | Overall<br>26<br>39       | Total Time<br>1:04:09<br>1:11:04            | Pace<br>9:10/M<br>10:09/M             |  |
| Female 30 to 34 |   |                           |   |                                       |  |
|                 | Name 1 Jennifer Clark 2 Kara Ihle 3 Kayla Edwards | Overall<br>44<br>46<br>53 | Total Time<br>1:14:43<br>1:18:24<br>1:22:01 | Pace<br>10:40/M<br>11:12/M<br>11:43/M |  |
| Female 35 to 39 |   |                           |   |                                       |  |
|                 | Name<br>1 Andrea Antczak<br>2 Jessica Moyer       | Overall<br>50<br>55       | Total Time<br>1:21:12<br>1:22:21            | Pace<br>11:36/M<br>11:46/M            |  |

Female 40 to 44

| Place             | Name<br>1 Malissa Terry | Overall<br>11 | Total Time<br>55:18.4 | Pace<br>7:54/M |  |
|-------------------|-------------------------|---------------|-----------------------|----------------|--|
|                   | 2 Mandy Tegtmeyer       | 18            | 1:00:38               | 8:40/M         |  |
|                   | 3 Rebekah Taylor        | 28            | 1:05:44               | 9:23/M         |  |
|                   | 4 Anne Vonderheide      | 37            | 1:08:53               | 9:50/M         |  |
|                   | 5 Angela Dunkle         | 43            | 1:14:30               | 10:38/M        |  |
|                   | 6 Julie Brown           | 52            | 1:21:42               | 11:40/M        |  |
| Female 45 to 4    | 19                      |               |                       |                |  |
| Place             | Name                    | Overall       | Total Time            | Pace           |  |
|                   | 1 Jenny Wagner          | 40            | 1:11:19               | 10:11/M        |  |
|                   | Female 50 to 54         |               |                       |                |  |
| Place             | Name                    | Overall       | Total Time            | Pace           |  |
|                   | 1 Michele Nichols       | 60            | 1:33:57               | 13:25/M        |  |
| Female 55 to 59   |                         |               |                       |                |  |
| Place             | Name                    | Overall       | Total Time            | Pace           |  |
|                   | 1 Ronda Bennet          | 56            | 1:24:09               | 12:01/M        |  |
| Female 65 to 69   |                         |               |                       |                |  |
| Place             | Name                    | Overall       | Total Time            | Pace           |  |
|                   | 1 Kathy Shafer          | 65            | 2:22:46               | 20:24/M        |  |
| Female 75 to 79   |                         |               |                       |                |  |
| Place             | Name                    | Overall       | Total Time            | Pace           |  |
|                   | 1 Kathleen Tiller       | 66            | 2:22:46               | 20:24/M        |  |
| Male Open Winners |                         |               |                       |                |  |
| Place             | Name                    | Overall       | Total Time            | Pace           |  |
|                   | 1 Kevin Lawson          | 1             | 44:45.2               | 6:24/M         |  |
|                   |                         |               |                       |                |  |

Male Master Winners

| Place         | Name 1 Tom Helfinstine  | Overall<br>6                       | Total Time<br>52:33.8   | Pace<br>7:30/M   |
|---------------|---|------------------------------------|---|--|
| Male Grand V  | Vinners   |                                    |   |  |
| Place         | Name<br>1 David Sferrella   | Overall<br>9                       | Total Time<br>55:12.4   | Pace<br>7:53/M   |
| Male Senior V | Vinners   |                                    |   |  |
| Place         | Name<br>1 David Gibson  | Overall<br>24                      | Total Time<br>1:03:46   | Pace<br>9:06/M   |
| Male 10 to 14 |   |                                    |   |  |
| Place         | Name<br>1 Jesse Antczak   | Overall<br>38                      | Total Time<br>1:09:48   | Pace<br>9:58/M   |
| Male 20 to 24 |   |                                    |   |  |
| Place         | Name<br>1 Ben Woeste  | Overall<br>23                      | Total Time<br>1:03:44   | Pace<br>9:06/M   |
| Male 25 to 29 |   |                                    |   |  |
| Place         | Name 1 Tyler Gray 2 Jacob Lutz 3 Trevor Cash 4 Kevin Lecaptain 5 Jacob Teague | Overall<br>3<br>7<br>8<br>12<br>14 | Total Time<br>49:19.0<br>54:37.1<br>54:39.1<br>56:03.1<br>58:59.5 | Pace<br>7:03/M<br>7:48/M<br>7:48/M<br>8:00/M<br>8:26/M |
| Male 30 to 34 |   |                                    |   |  |
| Place         | Name<br>1 Drew Ihle   | Overall<br>45                      | Total Time<br>1:15:57   | Pace<br>10:51/M  |
| Male 35 to 39 |   |                                    |   |  |
| Place         | Name 1 Devin Kelly 2 Drew Barhorst 3 Adam Clouse                              | Overall 2 4 15                     | Total Time<br>46:43.7<br>50:11.4<br>59:57.0                       | Pace<br>6:40/M<br>7:10/M<br>8:34/M                     |

|               | <ul><li>4 Craig Moyer</li><li>5 Joseph Hendrix</li></ul> | 49<br>61 | 1:20:24<br>1:42:40 | 11:29/M<br>14:40/M |
|---------------|--|----------|--------------------|--------------------|
|               | 3 Joseph Herianx   | 01       | 1.42.40            | 14.40/101          |
| Male 40 to 44 |  |          |                    |                    |
| Place         | Name   | Overall  | Total Time         | Pace               |
|               | 1 Malcolm Morriss  | 16       | 1:00:04            | 8:35/M             |
|               | 2 Jason Sullivan   | 17       | 1:00:33            | 8:39/M             |
|               | 3 Jason McCoppin   | 19       | 1:00:42            | 8:40/M             |
|               | 4 Eddie Weaver   | 51       | 1:21:22            | 11:37/M            |
| Male 45 to 49 |  |          |                    |                    |
| Place         | Name   | Overall  | Total Time         | Pace               |
|               | 1 Johnny Richardson                                      | 21       | 1:01:17            | 8:45/M             |
|               | 2 Steve Suerdick   | 27       | 1:05:25            | 9:21/M             |
|               | 3 Marshall Stafford                                      | 29       | 1:05:49            | 9:24/M             |
|               | 4 Kevin Thieke   | 32       | 1:06:22            | 9:29/M             |
|               | 5 Rob Holton   | 41       | 1:13:08            | 10:27/M            |
|               | 6 Brian Lutz   | 42       | 1:13:39            | 10:31/M            |
|               | 7 Brian Pruitt   | 59       | 1:30:37            | 12:57/M            |
| Male 50 to 54 |  |          |                    |                    |
| Place         | Name   | Overall  | Total Time         | Pace               |
|               | 1 Jon Branfield  | 30       | 1:05:50            | 9:24/M             |
|               | 2 Jason Vernon   | 34       | 1:07:12            | 9:36/M             |
|               | 3 Jeff Dietz   | 35       | 1:07:13            | 9:36/M             |
|               | 4 Karl Gangloff  | 36       | 1:07:45            | 9:41/M             |
|               | 5 Larry Chow   | 48       | 1:19:03            | 11:17/M            |
|               | 6 Jose Matos   | 57       | 1:27:04            | 12:26/M            |
| Male 55 to 59 |  |          |                    |                    |
| Place         | Name   | Overall  | Total Time         | Pace               |
|               | 1 Donald Oreskovich                                      | 13       | 58:54.7            | 8:25/M             |
|               | 2 Keith Belluardo  | 20       | 1:00:49            | 8:41/M             |
|               | 3 Bill Neitzke   | 22       | 1:02:19            | 8:54/M             |
|               | 4 Jeff Goubeaux  | 25       | 1:04:09            | 9:10/M             |
|               | 5 Dan Cross  | 31       | 1:06:21            | 9:29/M             |
|               | 6 Todd Abels   | 54       | 1:22:18            | 11:45/M            |

| Place            | Name            | Overall | Total Time | Pace    |
|------------------|-----------------|---------|------------|---------|
|                  | 1 Mark Schmitt  | 58      | 1:27:15    | 12:28/M |
| Male 65 to 69    |                 |         |            |         |
| Place            | Name            | Overall | Total Time | Pace    |
|                  | 1 Pete Shafer   | 33      | 1:06:32    | 9:30/M  |
| Male 75 to 79    |                 |         |            |         |
| Place            | Name            | Overall | Total Time | Pace    |
|                  | 1 Ron Griffitts | 64      | 1:57:44    | 16:49/M |
| Male 80 and Over |                 |         |            |         |
| Place            | Name            | Overall | Total Time | Pace    |
|                  | 1 Ron Kilgore   | 63      | 1:54:23    | 16:20/M |
|                  | 2 Tom Tiller    | 67      | 2:28:00    | 21:09/M |