

Sugar Maple 5k 2023 Default Division
Age Group Results
April 22, 2023
www.orrrc.org

Female Open Winners

Place	Name	Overall	Gun Time	Pace
1	Emily Zimmerman	8	18:08.4	5:51/M

Female Master Winners

Place	Name	Overall	Gun Time	Pace
1	Ann Alyanak	22	20:04.7	6:28/M

Female Grand Master Winners

Place	Name	Overall	Gun Time	Pace
1	Diane Quintero	53	23:09.8	7:28/M

Female Senior Winners

Place	Name	Overall	Gun Time	Pace
1	Miriam Paulus	77	25:43.1	8:18/M

Female 9 and Under

Place	Name	Overall	Gun Time	Pace
1	Ellie Jenkins	182	34:26.8	11:06/M
2	Hadley Elliott	192	34:42.7	11:12/M
3	Audrey Jarg	208	36:54.6	11:54/M
4	Ellie Cisler	226	39:44.8	12:49/M
5	Ashley Mitchell	229	40:21.2	13:01/M
6	Sarah Flax	253	50:04.6	16:09/M
7	Corline Flax	254	50:04.7	16:09/M
8	Sophia Mitchell	257	50:27.2	16:16/M

Female 10 to 14

Place	Name	Overall	Gun Time	Pace
1	Adelynn Stump	95	27:17.6	8:48/M
2	Hannah Edwards	99	27:22.4	8:50/M
3	Jocelyn Masek	114	28:17.6	9:07/M
4	Gracen White	117	28:29.2	9:11/M
5	Amelia Squibb	141	30:07.0	9:43/M
6	Emma Grieshop	176	33:41.4	10:52/M
7	Josie Bruckart	188	34:37.0	11:10/M
8	Kenleigh Kempton	191	34:40.9	11:11/M
9	Kaitlin Shumaker	199	34:51.7	11:15/M
10	Imagen Engle	215	37:55.6	12:14/M

11	Rianna Fortener	241	44:50.8	14:28/M
----	-----------------	-----	---------	---------

Female 15 to 19

Place	Name	Overall	Gun Time	Pace
1	Mary Landry	213	37:34.0	12:07/M
2	Elliott Shumaker	244	45:11.4	14:35/M

Female 20 to 29

Place	Name	Overall	Gun Time	Pace
1	Megan Shaffer	62	24:07.3	7:47/M
2	Emma Eifert	136	29:45.2	9:36/M
3	Isabella Renggli	139	29:46.7	9:36/M
4	Larissa Chittum	165	32:52.7	10:36/M
5	Emerson Gill	180	34:26.1	11:06/M
6	Olivia Jimenez Benner	224	39:35.3	12:46/M
7	Helaina Lecaptain	250	48:40.8	15:42/M
8	Makenzie McMahan	262	51:46.2	16:42/M
9	Amanda Saul	265	54:56.4	17:43/M

Female 30 to 39

Place	Name	Overall	Gun Time	Pace
1	Katie Ruhlman	9	18:42.4	6:02/M
2	Jessica Ramsey	10	18:44.9	6:03/M
3	Chelsey Woods	15	19:27.3	6:16/M
4	Irene Musgrove	33	21:05.2	6:48/M
5	Val Arias	48	22:23.7	7:13/M
6	Laura Vielbig	50	22:33.5	7:16/M
7	Maura McGrath	66	24:29.0	7:54/M
8	Kelsey Miller	73	25:11.8	8:07/M
9	Katie Gerspacher	76	25:38.0	8:16/M
10	Monica Wilson	100	27:23.2	8:50/M
11	Kolleen Degrazia	112	28:13.3	9:06/M
12	Kelly Dalton	115	28:18.9	9:08/M
13	Victoria Bordfeld	138	29:45.9	9:36/M
14	Michelle Angel	140	29:56.0	9:39/M
15	Anna Squibb	143	30:11.7	9:44/M
16	Heather Wells	144	30:21.3	9:47/M
17	Sarah Bolton	147	30:26.3	9:49/M
18	Sarah Ahern	153	31:02.2	10:01/M
19	Pam Zhang	161	32:35.3	10:31/M
20	Lynn Jordan	163	32:46.4	10:34/M
21	Chelsea Zastrow	177	33:43.8	10:53/M
22	Kelsey Jenkins	189	34:39.8	11:11/M
23	Coryn Hoffman	198	34:51.1	11:15/M
24	Kalpna Howard	203	35:20.5	11:24/M
25	Meghann Naveau	204	35:31.1	11:27/M
26	Kristen Dipadua	205	35:53.1	11:35/M

27	Cindy Xiao	232	41:17.0	13:19/M
28	Jackie Barnes	233	41:55.5	13:31/M
29	Caitlin Lange	247	47:49.1	15:25/M
30	Tiffany Rost	251	48:41.0	15:42/M

Female 40 to 49

Place	Name	Overall	Gun Time	Pace
1	Julie Mercado	27	20:28.4	6:36/M
2	Melinda Brown	36	21:23.4	6:54/M
3	Christine Bathgate	54	23:17.9	7:31/M
4	Hannah Ross	57	23:34.7	7:36/M
5	Caren Michael	59	23:48.5	7:41/M
6	Sandi Roley	84	26:02.7	8:24/M
7	Amber Stump	107	27:56.6	9:01/M
8	Melissa Peters	111	28:12.6	9:06/M
9	Cari Masek	116	28:20.2	9:08/M
10	Emily Duke	129	29:04.8	9:23/M
11	Susan Hickey	130	29:23.0	9:29/M
12	Ashley Simeone	133	29:40.8	9:34/M
13	Julie Lambright	134	29:41.6	9:35/M
14	Seember Ityokumbul	135	29:41.9	9:35/M
15	Jen Hohenbrink	159	32:21.9	10:26/M
16	Jen Griggs	162	32:37.8	10:31/M
17	Heather Hawkins	172	33:25.1	10:47/M
18	Jessica Vu	179	34:15.3	11:03/M
19	Melissa Seitz	183	34:27.0	11:07/M
20	Patti Hollender	184	34:27.3	11:07/M
21	Casey Gill	209	36:58.9	11:55/M
22	Kristy Gaskins	210	37:11.2	12:00/M
23	Tracy Geyer	214	37:53.4	12:13/M
24	Shannon Shelton Miller	216	38:09.1	12:18/M
25	Jessica Ploeger	235	42:23.2	13:40/M
26	Jeannette Uzeta	237	42:53.7	13:50/M
27	Meredyth Moore	242	44:56.0	14:30/M
28	Heather Collinworth	256	50:07.8	16:10/M
29	Kara Cox	258	50:44.2	16:22/M

Female 50 to 59

Place	Name	Overall	Gun Time	Pace
1	Janet Lee	56	23:32.5	7:35/M
2	Karen Korber	74	25:16.2	8:09/M
3	Ginger Scherbarth	80	25:50.3	8:20/M
4	Ronda Bennet	155	31:27.4	10:09/M
5	Yan Li	168	33:09.7	10:42/M
6	Kirsten Stearns	174	33:30.8	10:48/M
7	Julia Scholz-Pinger	181	34:26.5	11:06/M
8	Misa Ford	187	34:31.7	11:08/M
9	Kimberly Hammond	193	34:43.9	11:12/M

10	Debra Leath	201	35:16.3	11:23/M
11	Alisha Barton	218	38:34.0	12:26/M
12	Lisa Raters	238	42:59.6	13:52/M
13	Robin Zelinski	246	47:49.0	15:25/M
14	Mary Margaret Landry	249	48:03.3	15:30/M
15	Julie Eisnaugle	266	55:32.1	17:55/M

Female 60 to 69

Place	Name	Overall	Gun Time	Pace
1	Lisa Hernandez	109	28:02.5	9:03/M
2	April Hildebrand	127	28:49.8	9:18/M
3	Ann Seeger	132	29:31.8	9:31/M
4	Isabel Snyder	146	30:25.4	9:49/M
5	Kathy Barton	149	30:38.7	9:53/M
6	Marguerite Sampogna	186	34:29.4	11:07/M
7	Teresea Baumann	194	34:44.9	11:12/M
8	Shelley Grieshop	200	35:04.5	11:19/M
9	Tammy Jean	207	36:35.6	11:48/M
10	Kathy Adams	219	39:10.6	12:38/M
11	Barbara Ellwein	236	42:45.3	13:47/M
12	Patty Johnson	248	48:02.8	15:30/M
13	Jerrilyn Dickey	255	50:07.7	16:10/M
14	Rhonda Leen	259	50:44.2	16:22/M

Female 70 to 79

Place	Name	Overall	Gun Time	Pace
1	Carol Bennett	206	36:21.6	11:44/M
2	Carol Wirick	230	40:30.0	13:04/M

Male Open Winners

Place	Name	Overall	Gun Time	Pace
1	Austin Szekacs	1	15:32.1	5:01/M

Male Master Winners

Place	Name	Overall	Gun Time	Pace
1	Ben Harris	4	17:19.2	5:35/M

Male Grand Master Winners

Place	Name	Overall	Gun Time	Pace
1	Tom Helfinstine	21	20:02.8	6:28/M

Male Senior Winners

Place	Name	Overall	Gun Time	Pace
1	Patrick Miller	28	20:35.0	6:38/M

Male 9 and Under

Place	Name	Overall	Gun Time	Pace
1	Garrett Squibb	81	25:54.1	8:21/M
2	Colton Flax	171	33:21.0	10:45/M
3	Henry Bruckart	190	34:39.9	11:11/M
4	Kyle Miller	217	38:09.1	12:18/M
5	Finn Wolfe	221	39:22.9	12:42/M
6	Parker Collinsworth	223	39:34.0	12:46/M
7	Liem Bean	264	52:01.0	16:47/M

Male 10 to 14

Place	Name	Overall	Gun Time	Pace
1	Ethan Michael	49	22:32.8	7:16/M
2	Marcus Roley	82	25:56.4	8:22/M
3	Levi Edwards	90	27:06.2	8:45/M
4	Graeme Smith	91	27:06.3	8:45/M
5	Ezra Moore	92	27:06.9	8:45/M
6	Noah Baker	97	27:20.5	8:49/M
7	Gunnar McMahan	106	27:49.6	8:58/M
8	Cohen Seitz	119	28:35.1	9:13/M
9	Zeke Zastrow	123	28:42.7	9:15/M
10	Wolfe Asher	124	28:42.9	9:15/M
11	Jackson Zastrow	150	30:40.2	9:54/M
12	Cylas Engle	164	32:49.5	10:35/M
13	Jeremy Moore	243	44:56.1	14:30/M

Male 15 to 19

Place	Name	Overall	Gun Time	Pace
1	Mikuya Ford	5	17:20.2	5:35/M
2	Caden Fromm	11	19:03.0	6:09/M
3	Nate Michael	17	19:37.6	6:20/M
4	Sam Michael	44	22:02.6	7:06/M
5	Alexander Gehret	86	26:38.3	8:35/M

Male 20 to 29

Place	Name	Overall	Gun Time	Pace
1	Owen King	3	16:37.7	5:22/M
2	Quintin Elking	14	19:18.6	6:14/M
3	Trevor Cash	23	20:10.9	6:30/M
4	Robert Saul	30	20:46.0	6:42/M
5	Thomas Hildreth	35	21:20.6	6:53/M
6	Brad Adkins	40	21:32.6	6:57/M
7	Kevin Lecaptain	45	22:10.8	7:09/M
8	Theo Hart	131	29:25.6	9:29/M
9	Micah Straff	173	33:30.0	10:48/M

10	Boston Stegemayer	196	34:49.9	11:14/M
11	Ben Robertson	197	34:50.0	11:14/M

Male 30 to 39

Place	Name	Overall	Gun Time	Pace
1	Paul Krebs	2	16:03.7	5:11/M
2	Kelsey Snively	6	17:31.4	5:39/M
3	Austin McMahan	7	17:57.2	5:47/M
4	Austin Adkison	16	19:36.0	6:19/M
5	James Walters	18	19:55.9	6:25/M
6	Peter Qumsiyeh	20	20:01.4	6:27/M
7	Josh Rankin	25	20:18.8	6:33/M
8	Eric Hunt	29	20:39.8	6:40/M
9	Luke Rankin	31	20:50.0	6:43/M
10	Paul Rankin	41	21:32.8	6:57/M
11	Michael Howard	47	22:21.5	7:13/M
12	Brigham Moore	51	22:43.5	7:20/M
13	Adam Clouse	52	22:47.0	7:21/M
14	Thomas Selby	58	23:40.7	7:38/M
15	Joel Pfahler	65	24:24.3	7:52/M
16	Eddie Weaver	94	27:16.8	8:48/M
17	Adam Trimble	102	27:32.3	8:53/M
18	Shane Smith	145	30:21.8	9:47/M
19	Lucas Gulley	148	30:37.7	9:53/M
20	Brent Wilson	160	32:32.1	10:30/M
21	Alex Chittum	166	32:52.8	10:36/M
22	Joseph Hendrix	185	34:28.2	11:07/M
23	Ty Walls	212	37:24.9	12:04/M
24	Rob Cisler	225	39:44.7	12:49/M
25	Paul Huffman	252	50:02.3	16:08/M

Male 40 to 49

Place	Name	Overall	Gun Time	Pace
1	Sam Bell	12	19:08.7	6:10/M
2	Nat Ankeney	13	19:16.4	6:13/M
3	Ed Alyanak	19	19:57.2	6:26/M
4	Patrick Kennedy	24	20:14.1	6:32/M
5	Loris Manaresi	32	20:54.5	6:45/M
6	Josh Michael	38	21:28.7	6:55/M
7	Aaron Hohenbrink	42	21:47.0	7:02/M
8	Brian Lutz	46	22:14.9	7:10/M
9	Forest Wilson	61	24:04.1	7:46/M
10	Kevin Thieke	64	24:22.2	7:52/M
11	Johnny Richardson	68	24:41.1	7:58/M
12	Matt Baker	101	27:27.2	8:51/M
13	Dan Squibb	104	27:38.9	8:55/M
14	Rick Gedaka	105	27:44.1	8:57/M
15	James Bush	113	28:15.8	9:07/M

16	Jeff Long	120	28:35.5	9:13/M
17	Andrew Meese	121	28:36.6	9:14/M
18	Eric Nichols	122	28:41.4	9:15/M
19	Chris Muratore	137	29:45.4	9:36/M
20	Joe Huelsman	142	30:08.0	9:43/M
21	Jeff Zastrow	151	30:40.2	9:54/M
22	Bradley Wells	156	31:31.3	10:10/M
23	Sean Taylor	169	33:18.4	10:45/M
24	Micah Flax	170	33:20.8	10:45/M
25	Stephen Bruckart	195	34:48.7	11:14/M
26	Erick Shumaker	202	35:20.2	11:24/M
27	Garett Wolfe	222	39:23.6	12:42/M
28	Blake Barnes	234	41:56.0	13:32/M
29	Andrew Cole	239	43:55.0	14:10/M
30	Robert Bond	260	50:58.8	16:26/M
31	Dave Bean	263	52:00.9	16:46/M

Male 50 to 59

Place	Name	Overall	Gun Time	Pace
1	Timothy Nijakowski	26	20:24.1	6:35/M
2	David Sferrella	37	21:25.7	6:55/M
3	Hernan Garcia	39	21:32.3	6:57/M
4	Greg Furtaw	43	21:48.0	7:02/M
5	Randall Shaffer	67	24:37.5	7:56/M
6	Bill Neitzke	69	24:48.5	8:00/M
7	Joel Flora	70	24:56.5	8:03/M
8	Bob Thurlow	71	24:58.8	8:03/M
9	Keith Belluardo	78	25:45.1	8:18/M
10	Arthur Ford	79	25:48.1	8:19/M
11	Jisi An	83	26:00.2	8:23/M
12	Kenn Daily	87	26:42.2	8:37/M
13	Karl Gangloff	89	27:01.2	8:43/M
14	Sheldon Diltz	93	27:15.4	8:47/M
15	Steve Stearns	98	27:21.7	8:49/M
16	John Houett	103	27:38.0	8:55/M
17	Greg Gehret	118	28:33.0	9:13/M
18	Chris Pinkelman	126	28:47.0	9:17/M
19	Joe Mitchell	152	30:44.3	9:55/M
20	Todd Abels	157	31:43.5	10:14/M
21	Jose Matos	167	33:01.1	10:39/M

Male 60 to 69

Place	Name	Overall	Gun Time	Pace
1	Mark Feighery	34	21:11.4	6:50/M
2	Chip Arledge	55	23:18.9	7:31/M
3	Mark Sobota	60	23:52.2	7:42/M
4	Timothy Gockel	63	24:18.5	7:50/M
5	Jeff Crosby	75	25:26.2	8:12/M

6	Kevin Smith	85	26:29.3	8:33/M
7	Mark Barton	88	26:54.1	8:41/M
8	David Krasofsky	108	28:00.3	9:02/M
9	Fred Seeger	110	28:06.6	9:04/M
10	Joe Sargent	125	28:44.3	9:16/M
11	Rick Bowman	154	31:17.5	10:05/M
12	Chuck Fryman	158	31:52.4	10:17/M
13	Christopher Buell	175	33:31.0	10:49/M
14	Jeff Moore	211	37:24.4	12:04/M
15	Gary Tarka	228	39:58.9	12:54/M
16	Craig Kigar	261	50:59.6	16:27/M
17	Rick Peters	267	56:45.6	18:18/M

Male 70 to 79

Place	Name	Overall	Gun Time	Pace
1	Pete Disalvo	72	25:04.2	8:05/M
2	Christopher Thieke	96	27:18.8	8:48/M
3	Paul Bohannon	128	29:00.2	9:21/M
4	Denny Bennett	178	34:15.3	11:03/M
5	Charlie Giles	220	39:20.0	12:41/M
6	John Grilliot	227	39:50.0	12:51/M
7	Randall Porter	231	41:13.1	13:18/M
8	Van Burroughs	240	44:15.0	14:16/M

Male 80 and Over

Place	Name	Overall	Gun Time	Pace
1	Ron Kilgore	245	46:52.6	15:07/M